

Temple Bell



WhatsApp / Mobile Magazine of the

Rotary Club of Madras Temple City

Dist. 3232, Chennai, India

Club No.: 26692

July 2023

Dr. Prem Sekar installed as the 35th President



Rtn. Dr. Prem Sekar, an Interventional Paediatric Cardiologist by profession, with 25 years of experience in his field, took over as the 35th president of The Rotary Club of Madras Temple City on 6th July 2023, the club's Charter Day.

Team 2023-24



Board of Directors

President - Dr. Prem Sekar

Imm. Past President - Navneeth Krishnan

President Elect - Nalina Kannan

Club Secretary - Nidhi Sharma

Club Trainer - Harishankar Mani

Sergeant-at-Arms - P. Sundareshwar

Treasurer (Projects) - Aishwarya Ramesh

Treasurer (Admn.) - G. Sridharan

Dir Club Ser - Dr. Bhuvaneshwari Rajendran

Dir Comm. Ser (Develop) - J. Jagannathan

Dir Com (Health) - Dr. Elizabeth Varakumari

Director Youth Services - Vidya Srinivasan

Director Vocational Services - G. Sridharan

Dir. International Serv. - M. Venkatachalam

Chairpersons

Membership Develop. - Ramgopal Sampath

TRF - S. Srinivasan

Public Image - Nalina Kannan

DEI - Raadhi R

POSH - N. Gopinathan

Disaster Management – Dr. M. S. Srinivasan

Holistic Health - Dr.Prithika Chary

Polio Plus - Dr. Indra Ryali

CSR - Chandu Nair

Fundraising Committee - Navneeth Krishnan

Patriotic Song Competition - Nandini Raghu

Operation Daybreak – Gayathri

Ganeshkumaran

Int. Youth Exch. Counsellor - Ann. Sheila

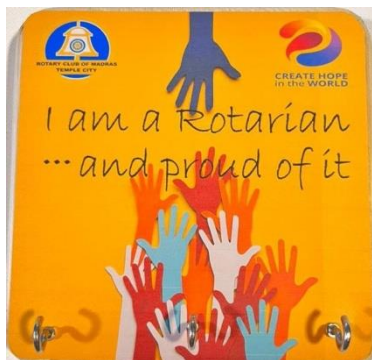
Navneeth Krishnan

Sound of Music



Sound of Music is a signature project of Rotary club of Madras Temple City since 2005 wherein hearing aids are provided for over 500 children annually, free-of-cost. The project for 2023-24 was launched with free hearing aids to 4 children on 6th July 2023. This is facilitated by CSR Funding from Sarita Jain foundation as the major donor.

Rotary Public Image



Rotary International has initiated public image building as a major initiative to create awareness of the organisation and its impact on the society. Rotary club of Madras Temple City launched their public image campaign on 6th July 2023 with distribution of a memorabilia. While adorning the homes of 100 Rotarians, it will serve as a reminder of their proud membership of a global organisation which puts service before self. DG Ravi Raman was the first recipient.

Organ Donation Awareness



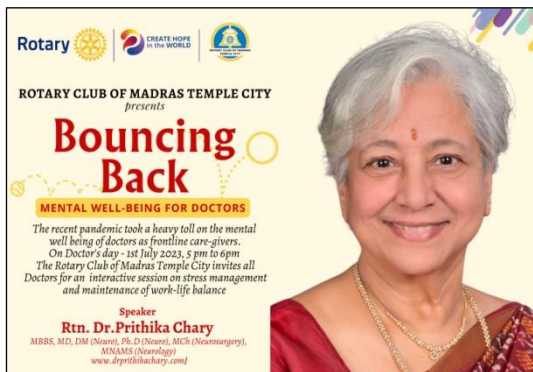
Awareness of organ and blood donation is one of the key focus areas of RID 3232 this year. In keeping with this, Rotary club of Madras Temple City invited Ms. Kavyashree, a recipient of heart transplant to address the Rotarians on the installation day, emphasizing the importance of organ donation as well as registering themselves as organ donors.




Healing Little Hearts - Joint Project



Healing Little hearts is yet another signature project of Rotary club of Madras Temple City, initiated in 2017-18 and offers free, unique, catheter based non-surgical closure of holes in the heart for children. The new rotary year, coinciding with Doctor's day on 1st July 2023, was commemorated with a joint project with RC Gemini, when a 3 year old girl from Bihar underwent successful transcatheter closure of a large hole in her heart, free-of-cost as the 93rd beneficiary of the project.

Bounce Back -Mental wellbeing for doctors



Rotary   CREATE HOPE in the WORLD 

ROTARY CLUB OF MADRAS TEMPLE CITY
presents

Bouncing Back

MENTAL WELL-BEING FOR DOCTORS

*The recent pandemic took a heavy toll on the mental well being of doctors as frontline care-givers.
On Doctor's day - 1st July 2023, 5 pm to 6pm
The Rotary Club of Madras Temple City invites all Doctors for an interactive session on stress management and maintenance of work-life balance*

Speaker
Rtn. Dr. Prithika Chary
MBBS, MD, DM (Neuro), Ph.D (Neuro), MCh (Neurosurgery),
MNAMS (Neurology)
www.drprithikachary.com

Rtn. PP. Dr. Prithika Chary, an accomplished Neurosurgeon and Neurophysician, as Chairperson of Holistic Health in Rotary Club of Madras Temple City, presented an excellent online lecture on Doctor's Day, July 1st 2023 on the importance of stress relief, mindfulness and work-life balance for doctors who as frontline care givers faced insufferable mental challenges during the recent global pandemic.

Create Hope in the World



CREATE HOPE
in the **WORLD**

RI President named the Theme of this Rotary Year as “Create Hope in the World”. The theme emphasizes on restoration of hope to help the world heal from destructive conflicts and to help achieve lasting change.